Forward is the powerful story of an athlete who has inspired girls Forward: A Memoir all over the world to believe in themselves. Abby shows us by example how to overcome problems and live a happier, braver life." â€"Sheryl Sandberg, Facebook COO, New York Times Bestselling author of Lean In â€œThis is the best memoir I Forward is the powerful story of an athlete who has inspired girls all over the world to believe in themselves. Abby shows us by example how to overcome problems and live a happier, braver life." â€"Sheryl Sandberg, Facebook COO, New York Times Bestselling author of Lean In â€œThis is the best memoir I've read by an athlete since Andre Agassi's Open. I could not put it down, and you will not want it to end.― â€"Adam Grant, Wharton professor and New York Times bestselling author of Originals and Give and Take Abby Wambach has always pushed the limits of what is possible. At age seven she was put on the boys' soccer team. At age thirty-five she would become the highest goal scorerâ€"male or femaleâ€"in the history of soccer, capturing the nation's heart with her team's 2015 World Cup Championship. Called an inspiration and "badass― by President Obama, Abby has become a fierce advocate for women's rights and equal opportunity, pushing to translate the success of her team to the real world. As she reveals in this searching memoir, Abby's professional success often masked her inner struggle to reconcile the various parts of herself: ferocious competitor, daughter, leader, wife. With stunning candor, Abby shares her inspiring and often brutal journey from girl in Rochester, New York, to world-class athlete. Far more than a sports memoir, Forward is gripping tale of resilience and redemptionâ€"and a reminder that heroism is, above all, about embracing life's challenges with fearlessness and heart. ...more Forward: A Memoir PDF ebook

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